Brighton Magic National Champions

WE WON!

We are the national Aerobics Champions. Congratulations to The members of the Brighton Magic Aerobics Team: Holly D, Anderson G, Maddie H, Ava H, Olivia T, Tash S, Neala G and Hannah C. Congratulations to their coaches Tessa Woodgate and Emma Almeida and thank you to Karen Pain who was the team manager. Thank you to the parents who travelled with their daughters to the Gold Coast for this very special event. I have asked each member of our championship team to share their highlight:

Holly – I loved that we all became such great friends and made it all the way to becoming national champions. We couldn’t have done it without our wonderful coaches who believed in us.

Tash – We have trained so hard together and put so much effort into becoming National Champions. I appreciate having made new friends and having the opportunity to represent BPS in the school aerobics.

Maddi – I have loved having such a supportive team and coaches and making friends with people I never thought I would have. I will remember this forever.

Andy – My most memorable part of this experience is having made such great friends and the adrenaline rush when performing. I never thought we would have made it passed the first competition let alone now being the best team in Australia.

Hannah – What I loved most was achieving such success with my friends, whilst doing something that I love and working hard to come first in it.

Neala – The whole experience of meeting new friends, working so hard as part of a team and winning gold has been incredible.

Ava – Being a part of Brighton Magic allowed me to boost my confidence a lot more, as well as making lots of new friends. It made me feel so proud being National Champions and is the best way to finish grade 6.

Liv – Making new friends was so great and winning each of our competitions, especially the National Championships was something I will never forget.
MONDAY MORNING ASSEMBLY
15th August 2016

Parents are welcome to attend our Monday morning assemblies on the Junior Oval at 9.00am.

Congratulations to next Monday’s PYP Attitudes award recipients:

0A  James J. & Joey W.
0B  Gabriella C.
0C  Harry A.
0D  Daisy L.
0E  Shawn L.
0F  Isaac R.
1A  Oscar B.
1B  Henry A.
1C  Churchill Q.
1D  Ralph D.
1E  Baxter V.
2A  George R.
2B  Dimitri H.
2C  Jackson R.
2D  Fraser S.
2E  Dimitri G.
3A  Jackson T.
3B  Maggie C.
3C  Lauchy C.
3D  Skye W.
4A  Chloe C.
4B  Amelia G.
4C  Abigail M.
4D  Enzo M.
5A  
5B  Flynn O.
5C  Ella J.
5D  Anna W.
6A  Estella W.
6B  Thomas C.
6C  Tiana H.
6D  Holly D.

Lost Property

Lost property is stored in the cupboard near the Uniform Shop.

Please check through it if anything goes missing.

Like us on Facebook to stay in touch with the latest news at BPS — search Brighton Primary School—An Internationally Accredited School in your Facebook search bar.

Occupational Health and Safety

If you notice a potential OH&S issue around the school please report it to the office ASAP so that it can be addressed.

Bill Kolivas
Facilities Manager
Unexplained Student Absences
A friendly reminder that a large number of students still have unexplained absences on Compass. If your child has been absent a notification appears in the top right hand corner of your Compass home page requesting parent approval.

Your cooperation and support in providing this information will allow us to meet our administrative requirements for the departmental School Census in early August. If you experience difficulties entering this information onto Compass, please alert your child’s classroom teacher.

Thank you for your support.

Legacy Week
28 August - 3 September

Mr Kolivas is selling a variety of badges and wrist bands to support Legacy.

Prices for badges start at $2.

If you would like to purchase one of these items please see him in Room 10.

New Foundation Enrolments

... for 2017 are now due.

Pick up a form from the office and return ASAP.

School Banking
Every Wednesday

Bank books need to be delivered to the Staff Room as close to 9am as possible.
BPS Dads’ Footy Match

This Saturday, we will see our Brighton Lions take on the Brighton Beach Dreamers with the focus being on retaining the cup after last year’s great success. They have been training like it’s the Olympics in Rio, so we are expecting great things. The curtain raiser of a junior game starts at 12.30pm and the main game starts at 2.30pm. So we hope to see lots of supporters join us at Brighton Grammar Oval for an afternoon of entertainment. Not only will the games be going on, there will also be food, coffee and Camp Australia face painting, so plenty on offer.

Volunteers
As this is a significant fundraiser for our school, the day’s success is dependent on the help of volunteers. Thanks to those who have already signed up – it’s much appreciated. We are still looking for others to help out on the day so if you could donate an hour of your time, that would be fantastic. If you are worried that you will miss out on the game whilst volunteering, there is no need to be concerned, as many of these roles are placed in the best positions for great viewing of the game. Click on the link below to sign up:

http://signup.com/go/mU4F8T

Cheer Squad
Our cheer squad has also been training intensely for their performance on the day. If anyone saw them at assembly last week, they have been working hard and looked sensational. We would like to remind the parents of the cheer squad that a parent or other responsible adult is to remain at the ground to supervise them during the day. The cheer squad will first perform at 2.20pm before the first bounce and at half time at 3.25pm (and any other time from the sideline, particularly when our dads score). Brighton Beach is wearing their sports uniform so if our team could wear their blue school tops, that would be great.

Junior Game
The junior game will commence at 12.30pm and finish at 1.45pm. The kids will then welcome the players of the senior game onto the ground at 2.15pm. Post the dads’ match, there will be awards, not only for the dads, but also two of the junior players. So make sure they remain until the end of the day and gather round for the awards.

Post-match function
We have arranged a space downstairs at Hotel Brighton on Bay Street for the after match function. Both teams are attending and all wives, partners, friends and supporters are welcome. We expect the players will arrive between 6pm and 6.30pm with formalities around 8pm. So make sure you get a babysitter organised! The BPS jumpers of Peter Daicos (35) & Anthony Koutoufides (43) will be auctioned by John Clarkson of Buxton at approximately 8pm, so all those Pies and Blues supporters, warm up your bidding hands (I’m not sure phone bidding will be accepted - but we’ll see on the night!)

If you have any questions, please contact Trudi Shepard on 0412 276 241 or trudi.shepard@outlook.com.
Gastroenteritis is a bowel infection that causes diarrhoea and sometimes vomiting. Gastroenteritis is caused by a variety of viruses and bacteria. Gastro spreads very easily, so please make sure if your child is sick, that they stay home until they have fully recovered.

**How to prevent gastro** — make sure children wash their hands regularly with soap and water, especially before eating and after going to the toilet. Make sure you wash your hands after changing nappies. Keep children away from other children as much as possible until the diarrhoea has stopped.

**Watch for signs of dehydration** — dry mouth and tongue; not passing enough urine (dry nappies in young children); sunken eyes; more sleepy than usual; cold hands and feet.

**Children with gastroenteritis must keep drinking.** Make sure your child drinks clear fluids and give them fluids after every bout of vomiting or diarrhoea to ensure they do not become dehydrated. Children can eat their usual foods. Your child may refuse food at first. This is not a problem as long as they drink clear fluids. Doctors now suggest that there is no need to restrict food. Generally, if your child is hungry at any time, give them the food they would normally eat.

**Go to the doctor if your child is very sick.** Take your child to the doctor if they vomit often, are not drinking enough fluids and if they are showing signs of dehydration. You should also see your doctor if there is any blood in the bowel motions. It is always best to have a medical review if you do have any concerns. Do not give your child medicines to reduce the vomiting or diarrhoea. Your child should be seen by a medical doctor if symptoms persist.

**Please notify the school if your child is away with gastroenteritis.** We also ask that you keep them at home to recover until diarrhoea and vomiting has stopped for 24hours. This ensures your child has time to recover and feel better, and also reduces the risk of spread to others. If you would like further information please visit the following website:


Thank you, Nurse Cecile.
A tribute to the teaching career of Helen Churcher

It is hard to sum up a career which has spanned well over 40 years in words, especially when you are writing about a teacher who has, for the better part of her career, specialised in teaching art. Words, it seems, are simple and limited things, when I reflect upon the joy, dedication and passion for teaching art that Helen has shared with thousands of children over the years.

Helen began teaching after two years of teacher training at the age of twenty. Her first school was at Laverton, where she taught Grade 4 children in a portable classroom. In the late 60s and early 70s, class sizes were much bigger; her grade 4 class had 45 students, and the classroom was a very different place than it is today. She often talks of those days as less pressured and more social. However, there was no ‘Allotted Planning Time’ and the class teacher taught everything.

Helen made the move into art teaching soon after her first position, completing art teacher training. She taught art at Auburn South and Chadstone Park PS before looking for a change, travelled to Europe and teaching in London. She was away from Australia for 18 months and on her return, was offered a position on the education staff at the National Gallery of Victoria where she spent two years. Her connection to the gallery was forged in this special time, and she has actively maintained her links as a teacher and as a volunteer.

In Helen’s first ten years of teaching, she ‘packed a lot in’ as she put it. After her time at the NGV, she taught for 3 years at Camberwell South, finished her Diploma of Teaching and got married!

The coming years saw the birth of her three daughters in relatively quick succession whilst working at North Melbourne PS and living in West Melbourne. She reflects upon the poor maternity leave pay and the trend towards childcare centres beginning in such inner city suburbs. Making the move back to the coast suburb of Brighton where she grew up, Helen taught Grade 3 at Bentleigh West. Another move saw the family in Perth where she taught for a few years before returning to Bentleigh West and Elsternwick where she taught Prep for a year.

When Helen’s youngest daughter started school at Brighton Primary with the then Miss Bowdern (now Mrs Scully) Helen applied for the role of art teacher. During this time, she completed her Bachelor of Education and moved the art room from an unseemly portable to the current art room, a former shelter shed. She has seen the school change much since her arrival in the early 90s. She has witnessed student population growth, new buildings, facilities and the coming and going of many colleagues including 5 principals. Helen reflected recently on a few memorable moments of her time at Brighton Primary,

“a hot air balloon landing on the school oval, four parachutists landing on the Senior School oval during a school fete, the racehorse Subzero visiting, our previous principal, Gordon Pratt riding his Harley motorbike into his final assembly, the traffic at the corner of Flinders and Swanston Streets being brought to a halt so that the whole school could make their way to the Melbourne Town Hall concert rehearsal.”

These moments are special to Helen as they form a part of her history of Brighton Primary School. In conversation with Helen once, I mentioned that there were ‘institutions’ at our school. These are not bricks and mortar, but human. I include her as one such institution. I realised this long ago on a field trip to the NGV in my first year at Brighton. Helen introduced me to the Head of Education there at the time, she smiled at me and told me I had large shoes to fill. Fortunately, I did not need to ‘fill’ them as Helen stayed on long after this meeting and I was able to find my own place at Brighton.

As our school ‘institutions’ find new lives away from Brighton Primary, we build new ones. Those of us who remain carry their legacy with us and in many ways enrich the present with the memories and knowledge of the past. Helen’s contribution to our school is deeply significant. Like Helen herself, it is not flashy or showy but generous and thoughtful. It is all about the children. I have learnt this from Helen and I am a better teacher for knowing her.
So to you, Helen Churcher, I personally thank you for your years of inspiration, dedication and service to the education and wellbeing of children. I wish you the very best in your retirement and hope your coming years are happy and full of wonderful experiences. I will miss you terribly, talk about you excessively and think of you daily.

I give my respect, appreciation and love to you as you move forward.

Your friend
Sherrie Knipe

And from the Arts Team:
When the Arts Team think of Mrs Churcher we think of her as:

- Kind
- Creative
- Interesting
- Dedicated
- Amazing
- Artistic
- Enthusiastic
- Passionate
- Nice
- Kind hearted
- Colourful
BPS v BBPS
ANNUAL DADS’ FOOTY MATCH
SAT AUG 13TH 12:30 PM
BRIGHTON GRAMMAR OVAL
Featuring Peter Daicos and Anthony Koutoufides
Food Stalls • Kids Curtain Raiser • Gold Coin Entry

Brighton Beach Primary School
PARENTS

Log on to Compass every week to ensure you are up to date with excursion notices!!

The cut-off for consent for an event is 2 days prior to the event or your child WILL miss out!!

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Primary Years Program (PYP)

The FIVE essential elements of the PYP: Knowledge Concepts Skills Attitudes Action

This week we focus on the
the ACTION element

The PYP believe that successful inquiry leads to responsible action. The action component of the PYP can involve service in the widest sense of the word: service to other students and the larger community. In a way, the actions of the students may be the most significant demonstration of their learning.

Try at home...

Look for examples of people who have taken action in the news. These could include:
- standing up for something
- trying to make a difference
- creating a new program
- helping someone
- raising money etc.

Have discussions with your children about why those people might have done that and the difference they are trying to make.

What constitutes effective ACTION?

- should be modelled by the adults in the community
- should be voluntary and student generated
- begins ‘small’ and from genuine concern and commitment
- may require appropriate adult support to help students
- often happens ‘beyond’ the classroom

All actions, great and small....

Actions can be grand gestures but more often than not, they are small and powerful.

- Have you felt differently?
- Have you said something?
- Do you have more of something?
- Have you thought differently?
- Have you done something?
- Have you been a different person?

ask these questions and the answer may be an authentic action!

Joel Snowden
PYP Coordinator

Information from Making the PYP Happen, International Baccalaureate (2005)

Brighton OSHC (BPOS) 10th of August 2016

Hi Parents and Children,

It's that time again to start thinking about holiday club! I know it seems crazy to think about school holidays already but you can book in now! The earlier you book the easier it is for us to make sure we order enough resources for your children who attend. This holiday program we are going to be doing lots of fun things so to view the program go to the camp Australia website to view it for Brighton! Or we have the program on the front sign in table in the room.

HOMEWORK CLUB

Did you know that we offer a homework club here at BPOS? Homework Club runs from 4pm to 4:30pm every day and includes everything from daily reading to long term projects. This is a great opportunity for your kids to get some one-on-one time with our educators AND we have a lot of fun doing it! If you would like your child to participate in Homework Club please list them on our sign-up sheet, located on the front notice board!

MEDICAL MANAGEMENT & ACTION PLANS

If you are new to the service we must know if your children have allergies/medical needs. We MUST know about this medical information as it is against Camp Australia Policy to allow your child to attend the service without the appropriate medication and action plan. Please don't hesitate to speak to a BPOS staff member to avoid any confusion and to make sure your child is as safe as possible.

NEW FAMILIES

If you are thinking of enrolling your child to come to BPOS, drop by the service, either during before or after school care, to have a chat with the staff. We can meet your children and give you a brief run through of how the program operates, as well as help explain the enrolment process- we always look forward to meeting new families! Alternatively, we have information sheets about the Camp Australia service and can answer any of your questions via the Brighton Camp Australia direct mobile (0423793664).

REMINDER

If your child is away from school please send a text or call us on 0423793664 as we need to know whether or not your child is attending after school care. If you don't call us we will chase you up.

Have a great week, Kelly and the BPOS leaders.
HOW DOES YOGA & MEDITATION BENEFIT MEN?

The hardest part for most men is challenging the misconceptions and taking the leap to simply try out a class. The myths and stereotypes surrounding yoga are a major demotivator for men, and what many men don’t realise is that yoga can be just as intense as a strong workout. Yoga also helps relieve the physical stress that is often a result of demanding workouts and increases flexibility, which then helps to prevent further injuries. Yoga allows men to sharpen mental focus, heighten body awareness, and boost physical performance.

FATHER’S DAY
YOGA WARRIOR
EVENT
SATURDAY
SEPTEMBER 3RD
2:00-3:00PM
BRIGHTON PRIMARY SCHOOL GYM

$35 PER FAMILY: DADS, MUMS, KIDS - ALL WELCOME

TO BOOK
BPS SCHOOL COMMUNITY:
 GENERAL PUBLIC:
 info@yogabeau.com.au

PRESENTED BY...
Dustin Brown from WARRIOR ONE YOGA

and Alex Atkins from YOGABEAN

Dustin, a qualified yoga teacher is the visionary and founder of Warrior One Yoga. He grew up in Kauai, Hawaii and after travelling the world as a professional surfer he settled in Melbourne with his wife, Nova.

As a professional Brazilian Jiu-Jitsu black belt athlete training, coaching and competing within Australia and Internationally, Dustin brings his martial arts and surfing background to his yoga practice.

Alex is an experienced kids yoga teacher and the owner/director of leading kids yoga company ‘yogabeau’. Alex has been working with Brighton Primary for over 4 years teaching the after school yoga programs as well as the in-curricular yoga programs with year two, five and six.

With her background in psychology, yoga and meditation, she brings her caring, warm vibrant energy to every class. Alex loves connecting with children knowing yoga cultivates all elements of mental, physical and emotional strength.
BAYSIDE ACTORS STUDIO

BAYSIDE'S PREMIER ACTING SCHOOL

Kids Acting (Ages 7-10)
Wednesday 4:30pm

Teens Acting (Ages 10-14)
Monday 4pm and Thursday 4pm

Young Adults (Ages 14-18)
Wednesday 6:15pm and
Thursday 6:30pm

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Twitter

Register your party with us
and you and all your guests
will get 20% off!!!