



An Internationally Accredited School

# Brighton Primary news

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from Sonya



## Tabloid Sports



- Ben C, 2C: It's really enjoyable and fun!
- Jasleen K, 1C: Very fun!
- Myraa, 1E: I really had a lot of fun. I hope the next activity is as good!
- James P, 6C: It's gone really well. Good team work.
- Aiden S, 1C: The best thing was doing the canoe and having fun!
- Christopher R, 1C: Puzzle relay was the best because you used hockey sticks
- James J, 0A: Sports have been really good

## Lost Property

Lost property is stored in the cupboard near the Uniform Shop.

Please check through it if anything goes missing.



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## Occupational Health and Safety

If you notice a potential OH&S issue around the school please report it to the office ASAP so that it can be addressed.

Bill Kolivas  
Facilities Manager

## MONDAY MORNING ASSEMBLY 17th October 2016

Parents are welcome to attend our Monday morning assemblies on the Junior Oval at 9.00am.



Congratulations to next Monday's PYP Attitudes award recipients:

0A	Nicolas F.
0B	Ryan V.
0C	Max L.
0D	Michael K.
0E	Elizabeth G.
0F	Hugo F.
1A	James F.
1B	Atticus L.
1C	Toby O.
1D	Elizabeth E.
1E	Victor L.
2A	Kiara G.
2B	Max M.
2C	Evie G.
2D	Ava M.
2E	Reina C.
3A	Maddy B.
3B	Oscar W.
3C	Chloe H.
3D	Luke V.
4A	
4B	Emily W.
4C	Nico S.
4D	Lexi S.
5A	Sophie W.
5B	Larissa L.
5C	Max R.
5D	Isa M.
6A	Katrin R.
6B	Brite Z.
6C	Josh D.
6D	Ella O.



## National Bandana Day Friday 28<sup>th</sup> October.

Mr Kolivas is selling **colourful** bandanas for \$4 on behalf of CanTeen.

This organisation supports young people with cancer.

If you or your child would like to purchase a bandana please see Mr Kolivas in Room 10, before or after school or at recess and at lunchtimes.



New Foundation Enrolments  
... for 2017 are now due.

Pick up a form from the office and return ASAP.

## School Banking

Every Wednesday

Bank books need to be delivered to the Staff Room as close to 9am as possible.



## A Reminder to all Parents

Teachers are on Yard Duty from 8:45am each morning.

After school Teachers are on Yard Duty from 3:30pm to 3:45pm.

In the interest of your child's safety, please ensure that you do not leave your child unattended before and after school outside of these times.

Thank you for your assistance.



## MESSAGE FROM NURSE CECILE



Colourful and crunchy fruit and vegetables are an important and enjoyable part of your child's diet. Both vegetables and fruit contain essential nutrients that are important for their health, growth and development. If you eat and enjoy fruit and vegetables together with your children every day they will usually follow your example.

### Children learn by example

Most babies eat fruit and vegetables as one of their first solid foods. After the first year, you may notice your child is more fussy with food as they become more independent eaters. Often this fussiness with food includes fruit and vegetables.

Parents may worry if their child starts to eat less fruit and vegetables from time to time, but usually it causes no harm. It is not possible to force children to eat more fruit and vegetables. The best way is for parents to enjoy fruit and vegetables as a daily part of your whole family's diet. It may take time, but this is how children learn best. So keep trying.

### The benefits of fruit and vegetables

There are many reasons for everyone to enjoy eating a wide variety of vegetables and fruit. Vegetables and fruit provide important vitamins such as vitamin C and folic acid. They also have other plant substances that are thought important to help reduce the risk of some cancers and heart disease. Remember your child may prefer to eat vegetables raw, so make sure you make this an option too.



### Presentation

- Keep a bowl of fresh fruit handy. Keep some vegetables such as peas, cherry tomatoes, baby carrots and mushrooms in the fridge to grab for a quick snack.
- Make vegetables and fruit look great on the plate. Serve different coloured fruit and vegetables, chop them up for a change or serve them on a special plate.
- For reluctant eaters, try a new fruit and vegetable once a week.

Remember all fruit and vegetables are healthy! Keep trying and be creative and the kids will love them! For further information visit <http://www.nutritionaustralia.org/national/national-nutrition-week>

# Science Competition Winners

## 2016 Science Talent Search

This year Brighton Primary School entered 18 student projects and 1 class project (Miss Birbeck's 2D) in Science Talent Search. Students in each year level from Foundation through to Grade 6 participated in the competition. The projects covered a wide range of categories: creative writing, experimental research, games, videos, posters and working models. The students received their certificates at Assembly this week. Five students - Cara, Jessica, Kate, Jackson and Mikalya - were also awarded a prize and will collect their cheque at a special presentation at La Trobe University later this month. Congratulations to all students.



## PYP Award Winners



## REMINDER TO PARENTS

**School hats must be worn during Term 4.**

**If your child does not bring their hat, they will be moved to a shaded area during recess and lunch.**

**The uniform shop has supplies if you need. Thank you.**



## PARENTS

Log on to Compass every week to ensure you are up to date with excursion notices!!

The cut-off for consent for an event is 2 days prior to the event or your child WILL miss out !!!



## New BPS Families Coffee Catch-up

To all BPS New Families  
(and old ones too),

If you would like to join us  
for a chat and a coffee.

Please join us after drop off, on  
Wednesday, 19<sup>th</sup> October 2016  
@ Brighton Primary School  
Café, The Groundz

Hope to see you!  
Maria Glover & Hannah Dia  
0487 735 775 & 0410 257 214





## eSmart Community Engagement Program



**“Educating – Protecting – Empowering”  
Parent Information Session**

**Tuesday 25<sup>th</sup> October**

**7:15-8:15**

**Performing Arts Centre**

**FREE**

**\*Please note: For parents of Grade 4 students, there will also be a short 30 minute BYOD (Bring Your Own Device) information session 6:30-7:00 in preparation for 2017.**

The Alannah and Madeline Foundation is the leading not-for-profit organisation striving to protect children from violence and bullying in Australia. The eSmart Schools program is a cultural change initiative developed by the Foundation in consultation with academic and industry experts. eSmart aims to create positive, respectful and inclusive cultures that reduce bullying, cyber bullying and increase cybersafety.

As part of their commitment to support school communities in being safe, smart and responsible online, The Alannah and Madeline Foundation are pleased to offer their new eSmart Community Engagement Program. This aims to provide school communities with a service that is motivating, engaging and relevant to their needs.

Brighton Primary School will be hosting the parent information session ‘Educating, Protecting and Empowering’. This 60 minute seminar will give parents the answers to questions such as:

1. What do we mean by ‘digital literacy’ and ‘digital safety’?
2. What are kids doing online? What are the popular sites?
3. How should I create home rules and boundaries regarding use of technology?
4. Where can I seek help and advice about my child’s online behaviour?
5. What legalities are involved with online behaviours?

Facilitated by one of our expert eSmart Schools team, all the latest trends and research will be presented and strategies will be discussed to assist with the understanding of cybersafe behaviours at home.

The Alannah and Madeline Foundation  
Keeping children safe from violence



From Year 1 to Year 12 Classes are available on Saturday and Weekday afternoon.

\*Conditions apply

**\$50**  
DISCOUNT

**HURRY!!** FOR ANY NEW STUDENTS WHO ENROL BEFORE

**28 OCTOBER 2016**

PLEASE MAKE SURE TO BRING THIS VOUCHER WITH YOU!

"2017 Scholarships & 2017 Selective School Trial Tests" OPEN for current Year 5,6,7 & 8

★ ★ FREE ASSESSMENT TEST AVAILABLE ★ ★ FOR ALL NEW STUDENTS

**JAC ORMOND** Tel. 03 9578 9668  
Level 1, 331 Jasper Rd Ormond VIC 3204

**YOGA AND MINDFULNESS CORNER**

Sometimes the bravest and most important thing you can do is just show up.

Brene Brown, Daring Greatly



**BPS news:** The year 6 yoga program finished at the end of last term and we are excited this term to have started the year 5 yoga program. Students are transitioning to being leaders of the school, and foremost we want the students to model positive behaviours and attitudes. The program exposes them to challenges and skill development including being comfortable 'showing up' and 'making mistakes' in different circumstances.

**Parent reflection:**

This term, we are providing a reflection for parents to consider, being aware of our actions and behaviours while being compassionate in the process. Its hard! Being human is being fallible. We are all in this together and it is important to keep this in mind.



**DON'T MISS OUT**

Afterschool yoga classes in Performance Hall Thurs 3:30-4:45 (all ages)  
[www.yogabean.com.au](http://www.yogabean.com.au)



BAYSIDE CITY COUNCIL PRESENTS

# HALLOWEEN

BETWEEN THE BOOKS

**BEAUMARIS LIBRARY**  
96 RESERVE RD, BEAUMARIS

**SATURDAY 29 OCT**  
6PM-9PM

**BEST DRESSED COMPETITION** AND **GIVEAWAYS AND PRIZES**

**MAGICIAN**

**SILENT DISCO**

**INTERACTIVE GAMING**  
PS4 = XBOX ONE

**FACE PAINTING**

**HAUNTED TREASURE HUNT** AND MUCH MORE

**TICKETS \$10** TO BUY TICKETS VISIT [TRYBOOKING.COM/MZTM](http://TRYBOOKING.COM/MZTM)

## Salt Therapy works wonders for everyone.

**Helping you live, sleep and breathe better.**

Salt therapy is a medically proven, natural therapy that helps cleanse both the airways and the skin to relieve congestion, inflammation and skin irritations. People experiencing everything from asthma, hay fever, eczema, croup and sinusitis can expect significant and lasting relief.

**SALTS OF THE EARTH**

Book a complimentary consultation  
 Salts of the Earth Hampton  
 A 473 Hampton St, Hampton VIC 3188  
 T (03) 9521 6874 E [hampton@saltssoftheearth.com.au](mailto:hampton@saltssoftheearth.com.au)  
[saltssoftheearth.com.au](http://saltssoftheearth.com.au)





## GREAT FUN

- ★ Outdoor games and sports
- ★ Arts & Crafts
- ★ Playing with friends
- ★ Great Educators
- ★ Food and Cooking
- ★ Indoor Activities



### Brighton OSHC (BPOSH) 13<sup>th</sup> of October 2016

Hello parents and children,

Well week one has already been so busy and already we have met some new families for the term! We love meeting new faces so if you ever want to book your child in and need some questions answered please come past as we are happy to assist. This term we have lots of fun activities planned for the children, we will be having a Halloween party at the end of this month, spring carnival theme in November, making and sending presents to children in Bangladesh for Christmas and of course end of year Christmas celebrations! It's going to be a busy term, so please ensure you book your child in for all the fun!

#### APPROVED PICK UP LIST

Please ensure the people who are picking up your child from OSHC have been given consent to do so. Otherwise we will be calling you and won't release your child from OSHC until we have written consent from a guardian to do so.

#### BOOKING INTO OSHC

We have noticed that we have had a few children who are not booked into the service arriving each day. If you have any trouble with enrolling/booking your child just head to [www.campastralia.com.au](http://www.campastralia.com.au). You can permanently book your children into sessions as a permanent booking which is cheaper than a casual on the day booking. By booking your child into a session we can make sure we have enough staff to maintain ratios as well and also know exactly who is booked in to attend our service.

#### SUNSMART

For terms 4 and 1 we have a no hat no play policy, if your child doesn't bring a hat to BPOSH they unfortunately will not be allowed to play outside. Please ensure you pack them a hat that is labelled with their name.

**Have a great week, Kelly and the BPOSH leaders.**